

Grafham Water Sailing Club

Sailing Instructions

National 12 & Lark Inland Championships

18/19 September 2010



1. RULES AND CONDITIONS OF ENTRY

- 1.1. The event will be governed by the Racing Rules of Sailing, the prescriptions of the RYA, the rules of the classes racing (which prevail over these sailing instructions where they conflict) and these sailing instructions. These sailing instructions may be changed or added to by Supplementary Instructions issued to competitors or posted on the Open Meeting Notice Board. When these are issued before the first race of the event flag L will not be displayed.
- 1.2. Entrants and authorised guests are temporary members of Grafham Water Sailing Club during the period of the event and shall comply with Club Rules and Bylaws. Failure to observe these rules may result in the imposition of penalties, including disqualification from the event.
- 1.3. A non-native species of fresh water shrimp (commonly known as killer shrimps) have been found in Grafham Water and certain restrictions on boat movements have been imposed by AW, DEFRA or other bodies to prevent the spread of these to other locations in the UK. These requirements are prominently displayed on the club premises and will include washing boats and equipment before removal from the Club premises. Failure to comply with the requirements of these restrictions may lead to expulsion from the event.
- 1.4. The Race Committee may inspect, weigh or measure any boat, sails, gear, or clothing at any time.

1.5. INSURANCE

Before going afloat, entrants shall have and shall sign a declaration that they have Third Party Insurance of not less than £2,000,000 for any one accident. Any entrant not able to do so shall pay the Club agent for temporary cover for the event.

1.6. SAIL NUMBERS

A boat shall not race with an incorrect sail number unless her class rules permit this, and then only if she first applies in writing to the Race Committee to do so and receives permission, and the proposed number is acceptable to the Race Committee.

1.7. CREWS

Unless otherwise specified in class rules, for the series of races comprising an event only the helm named on the entry form will be eligible.

For two person classes:

- the registered helm may swap with the registered crew.
- the registered helm may use different crews.
- the registered crew may sail in the registered boat with a crew other than the registered helm but must seek approval of the Race Committee. This will be deemed a separate entry, no additional entry fee will be charged and their results cannot be combined with the registered helm's results.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Open Meeting Notice Board in the wet bar area.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted not less than 30 minutes before the start of any race affected.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed either on the Flagstaff on the foreshore in front of the Race Office, near the jetty, or on the jetty. Flag L may also be displayed on a Committee Boat at the jetty.
- 4.2. When flag AP is displayed ashore, or on a Committee Boat at the jetty (with two sound signals) '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3. A GREEN FLAG means 'sailing is unrestricted, except that sailing in the creeks at the West end of the water is PROHIBITED at all times. Wear adequate personal buoyancy at all times when afloat. A RED FLAG or RED MAROON means 'If ashore, do not go afloat. If afloat, come ashore immediately.'

- 4.4. A RED & WHITE flag (Flag U) will be displayed in strong wind conditions. This signifies that only experienced sailors who can cope with these conditions should launch.
- 4.5. A YELLOW FLAG flying from one or more of the waterfront flag poles means sailing is restricted to Area 1 as defined on maps situated around the Club.
- 4.6. A BLACK FLAG flying from the jetty in front of the Clubhouse means wet or dry suits **must** be worn whilst sailing during the period **1st November to 31st March** and outside this period when the water temperature is **less than 5 degrees C**.
- 4.7. A BLUE AND WHITE flag indicates that conditions are such that **dinghy sailing is not allowed but experienced windsurfers are permitted to sail**.
- 4.8. A BLUE AND GREEN flag indicates the presence of **BLUE GREEN ALGAE** in the reservoir and care should be taken whilst afloat and during launching and recovery of boats.

5. SCHEDULE OF RACES

- 5.1. Dates, Number of Races and Scheduled Start times.

		Start A	Start B
		Lark	N12
Race 1	18 September 2010	12:00	12:05
Race 2 & 3		Back to back with Race 1	
Race 4	19 September 2010	10:30	10:35
Race 5 & 6		Back to back with Race 4	

- 5.2. At the discretion of the Class Representative and the Official Race Officer Race 4 may be brought forward to allow for any inclement weather forecasts. This decision will be announced at the briefing.
- 5.3. On the last day of the regatta no warning signal will be made after 1500.

6. CLASS FLAGS

Class flags will be:

CLASS	FLAG
Lark	NN1
N12	NN2

7. RACING AREAS

The racing area may be displayed on the Open Meeting Notice Board.

8. THE COURSES

The diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left. The course to be displayed on the committee boat and will be either:

T – Trapezoid

L - Inner and Outer loops on a Trapezoid Course.

9. MARKS

These are described in ATTACHMENT A - COURSE.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1. The club moorings are an obstruction, whether boats are moored on them or not. The boundary is a line joining the northern extremities of the moorings. Whilst racing, boats shall pass to the North of this obstruction.
- 10.2. The prohibited area at the West end of the water is an obstruction. Its boundary is a line of buoys forming its eastern boundary.
- 10.3. Each fishing boat, and an area extending 20 metres in any direction from the fishing boat is an obstruction.

10.4. A safety boat in close attendance to a craft or competitor in difficulty is an obstruction.

11. THE START

11.1. Races will be started using RRS 26. The Warning signal will be five minutes before the starting signal.

11.2. The Starting Line will be between the mast of the committee boat displaying an ORANGE flag and the port end starting mark, which will be an orange dan buoy displaying an ORANGE flag.

11.3. When an inner distance mark is laid close to the committee boat, not necessarily on the starting line, no boat while racing shall pass between the committee boat and this buoy. The water between the buoy and the Committee Boat is not an obstruction when approaching the line to start.

11.4. The Race Committee may position a vessel to hold station outside the port end of the Starting Line. When in position or manoeuvring to hold position this vessel shall rank as a Starting Mark to be passed on the same side as the port end starting mark.

11.5. A boat starting later than 5 minutes after her starting signal will be scored DNS. This changes RRS A 4.2

11.6. Boats whose warning signal has not been made shall avoid the starting area.

12. CHANGE OF COURSE

12.1. When a race has started the Race Committee may move one or more marks.

12.2. When the course to be made good is significantly changed by such alteration, a boat may be stationed near the mark at the start of the leg affected, and may display flag C over a green or red flag indicating the direction of that leg lies either to Starboard or Port respectively of its previous bearing. She will draw attention to the signal by making intermittent sound signals. This changes RRS 33

13. THE FINISH

13.1. The normal finishing line is described in ATTACHMENT A

13.2. After the first boat has finished, the race committee may set alternative finishing lines as follows:

When a committee boat displays flag W with two sounds, boats that have not yet rounded the nearby mark shall finish between this mark and the staff on the boat displaying flag W.

When a boat finishes in accordance with this instruction, she shall be awarded a finishing place after all boats that have passed the nearby mark ahead of her before flag W was displayed.

Boats that have passed the mark before flag W is displayed, and have not retired from the race, but subsequently fail to finish, shall be awarded the average of the points for places available to them had they finished. This changes rule A4.2.

13.3. The times specified in instruction 15 (Time Limits) will apply also at every flag W finish line defined by instruction 13.2.

13.4. SHORTEN COURSE - The meaning of Flag 'S' is changed to the extent that, regardless of where Flag 'S' is displayed on the Committee Boat, the Finish Line will be between the mast displaying a BLUE flag and a mark as defined in ATTACHMENT A – COURSE.

13.5. If all classes are shortened, flag S will be flown on its own. If an individual class is to be shortened, flag S will be flown with the appropriate class flag. This adds to RRS 32.

14. PENALTY SYSTEM

14.1. The penalties are as defined in 44.1 & 44.2.

14.2. As provided in rule 67, the protest committee may penalize without a hearing a boat that has broken rule 42.

14.3. A boat that has taken a penalty or retired under rule 31. or 44.1 shall complete an acknowledgment form at the race office within the protest time limit.

15. TIME LIMIT

15.1. When no boat completes the first leg of the course in 20 minutes, the race for that class will be abandoned.

15.2. Boats failing to finish within 15 minutes after the first boat in her class sails the course and finishes will be scored DNF. This changes RRS 35 and RRS A4.2. When the last boat has finished or the time limit has expired the Race Committee may close the finishing line by lowering all flags.

16. PROTESTS AND REQUESTS FOR REDRESS

16.1. Protest forms are available at the race office. Protest shall be delivered there within the protest time limit.

- 16.2. For each class, the protest time limit is 45 minutes after the last boat in the class has finished the last race of the day. The same time limit applies to protests by the race committee about incidents they observe in the racing area and to requests for redress. This changes rules 61.3 and 62.2.
- 16.3. Notices will be posted on the notice board or on the race office window within 30 minutes of the last protest time limit of the day to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room, located on the ground floor down the stairs to the left of main entrance to the Club house.
- 16.4. Notices of protests by the race committee will be posted on the notice board or on the race office window to inform boats under rule 61.1(b).
- 16.5. A list of boats that, under instruction 14.2, have acknowledged breaking rule 42 or have been disqualified by the [protest committee] [jury] will be posted before the protest time limit.
- 16.6. Breaches of instructions 11.4, 14.3, 18 and 19.2 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

17. SCORING

The Low Point scoring system, RRS Appendix A will apply. The number of races scheduled will be stated in 5 SCHEDULE OF RACES. If three or more races are sailed there will be one discard.

18. SAFETY REGULATIONS

- 18.1. The decision to open or close the water for sailing is the sole responsibility of the Duty Coxswain, who will make the signals in SI 4 from time to time
- 18.2. Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 18.3. Adequate personal buoyancy for each crew member shall be worn at all times whilst afloat. Neither a wetsuit nor a dry suit constitutes adequate personal buoyancy. This changes RRS 40 and any competitor that breaches this requirement shall be disqualified from the races affected.
- 18.4. a) It is a condition of entry that a Competitor shall comply with the instructions of Safety Boat crews, whose priority is to help competitors in distress or danger before retrieving boats.
b) Any action by these crews solely intended to ensure the safety of a competitor, such as recovering crew or separated components of the boat, provided this does not materially advantage the boat concerned, is not "outside help" as defined in RRS 41 and is not subject to protest from another competitor. The competitor may continue to race. This amends RRS 41.
- 18.5. Where the Safety Boat crew renders assistance greater than that necessary solely for safety considerations, such as righting or re-orientating the boat, providing spares or effecting repairs, the Safety Boat crew may so advise the competitor who shall retire immediately.
- 18.6. No action by a Safety Boat when performing activities deemed necessary by the crew for safety reasons will constitute grounds for redress.

19. EQUIPMENT AND MEASUREMENT CHECKS

- 19.1. A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.
- 19.2. A boat shall not race with an incorrect sail number unless her class rules permit this, and then only if she first applies in writing to the Race Committee to do so and receives permission and confirmation that the proposed number is acceptable to the Race Committee.

20. DECLARATIONS

A boat that does not finish or retires after finishing shall sign to this effect against her sail number on the Declaration Sheet no later than 30 minutes after the last boat finishes that race (or the last race before going ashore if races are sailed back-to-back).

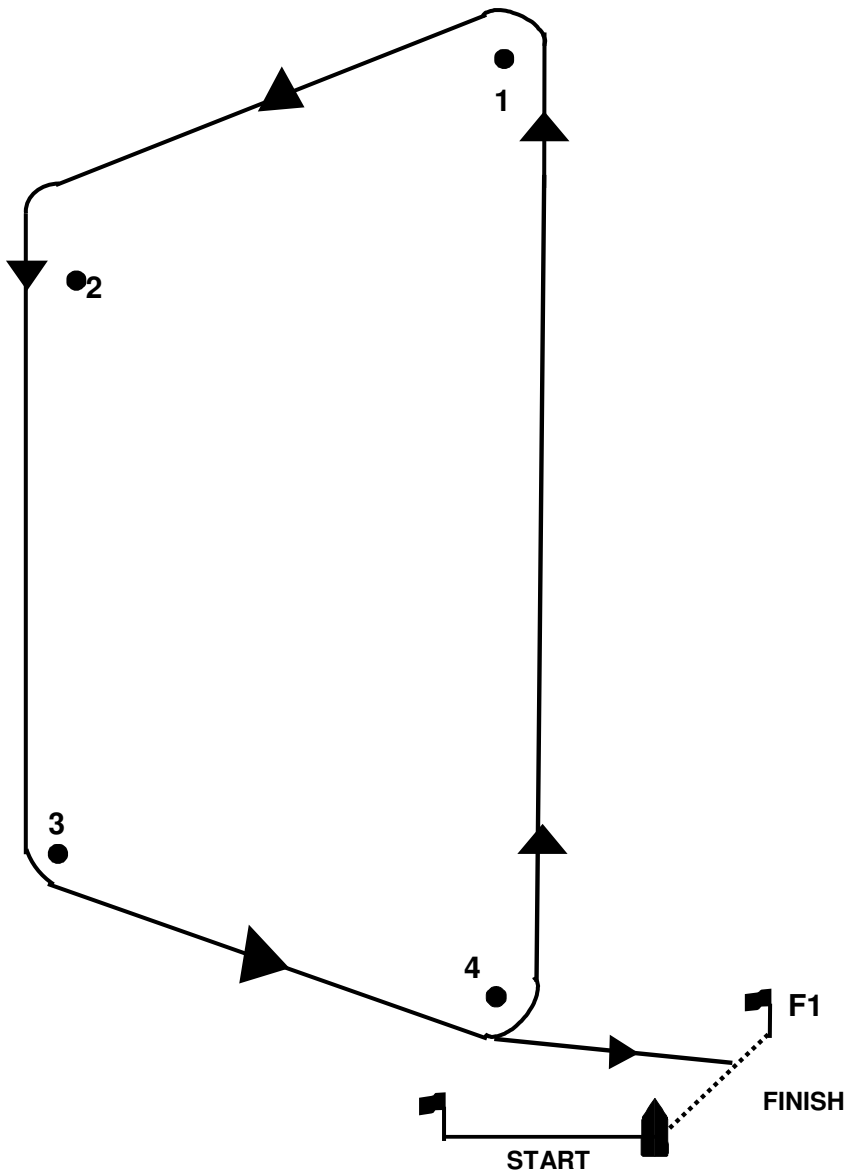
21. PRIZES

Prizes will normally be given to the square root of the entry numbers of any series plus any special prizes requested by the Class Association.

22. BRIEFING

There will be a briefing in the ground floor wet bar on Saturday 18 September 2010 at 1100hrs.

ATTACHMENT A - COURSE T



When course T is to be sailed this will be displayed on the committee boat followed by the number of laps.

The course is 1,2,3,4 etc. all to port then FINISH between F1 and Committee boat after passing Mark 4 the number of times displayed on Committee boat.

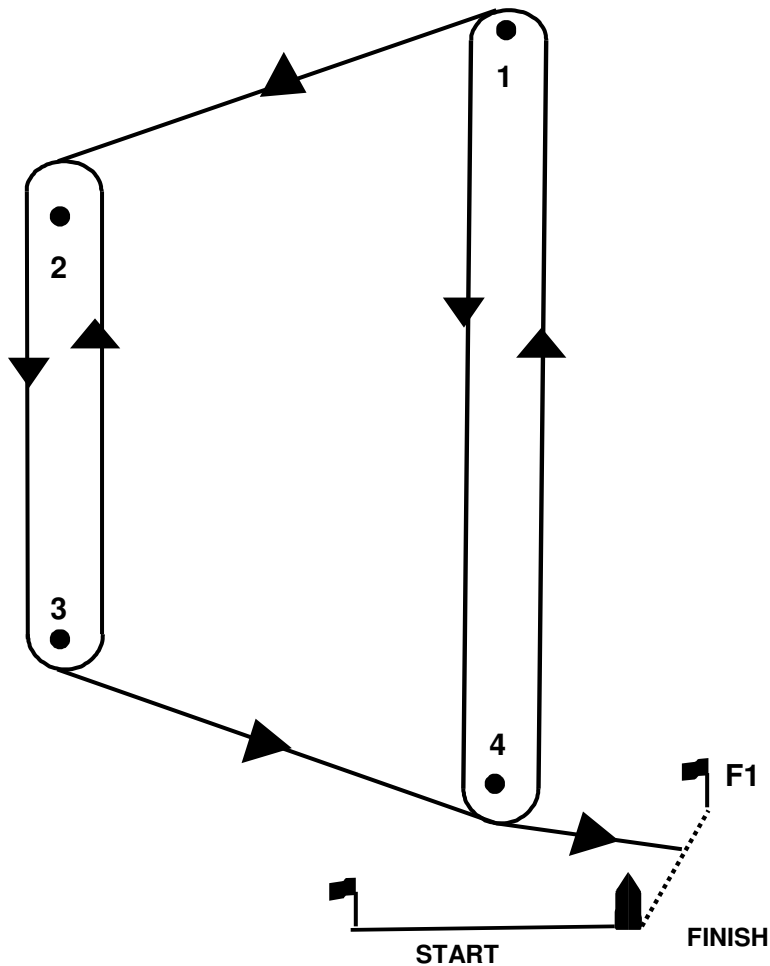
MARKS

Marks 1, 2, 3, 4 will be Pillar Buoys

The start mark will be an Orange Dan Buoy with an ORANGE flag

The finish mark F1 will be an Orange Dan Buoy with a BLUE flag

ATTACHMENT A - COURSE L



When course L is to be sailed this will be displayed on the committee boat followed by the start letter signal and number of laps as below.

e.g. AO2 = Start A sails Outer Loop O2, BI4 = Start B sails Inner Loop I4.

OUTER LOOP

START A	LARK
SIGNAL	Mark Rounding Order – all marks to PORT
O2	Start – 1 – 2 – 3 – 2 – 3 – 4 - Finish between Committee Boat & F1
O3	Start – 1 – 2 – 3 – 2 – 3 – 2 – 3 – 4 - Finish between Committee Boat & F1
O4	Start – 1 – 2 – 3 – 2 – 3 – 2 – 3 – 2 – 3 – 4 - Finish between Committee Boat & F1

INNER LOOP

START B	N12
SIGNAL	Mark Rounding Order – all marks to PORT
I2	Start – 1 – 4 – 1 – 2 – 3 - 4 - Finish between Committee Boat & F1
I3	Start – 1 – 4 – 1 – 4 – 1 – 2 - 3 - 4 - Finish between Committee Boat & F1
I4	Start – 1 – 4 – 1 – 4 – 1 – 4 – 1 – 2 - 3 - 4 - Finish between Committee Boat & F1

MARKS

Marks 1, 2, 3, 4 will be Pillar Buoys

The start mark will be an Orange Dan Buoy with an ORANGE flag

The finish mark F1 will be an Orange Dan Buoy with a BLUE flag